Are You In the Zone? Strategies for Behavior, Social Communication, Social Skills, Executive Functioning, & Academics for Students
(Including Autism, Asperger's Syndrome, PDD-nos, Anxiety, Attention Deficits, & Behavioral Issues)

March 19-20, 2018
Richmond, Virginia

March 19, 2018 – Kathryn Phillips, M.A

Strategies for Teaching and Managing Difficult Behaviors and Executive Functioning in Students (including Autism, ADHD, Anxiety, Sensory Processing & Behavioral/Emotional Conditions)

Emotional regulation is an integral life skill and often times a deficit of students who have autism, Asperger's Syndrome, (ASD), executive dysfunction, sensory issues and ADHD. Melt downs, blowups, shut downs, and extreme reactions are all hallmarks of this complex issue, and are often misunderstood by those who work with these students. By addressing this topic in a proactive manner, oppositional behaviors, impulsivity, inflexible thinking, inattention, hyperactivity, shut downs, defiance, and anxiety can be dealt with effectively. Join Kathryn Phillips for this powerful seminar that provides dozens of practical strategies, resources, and lesson plans for managing difficult behaviors arising from emotional dysregulation.

Evidenced-based practices that build on the concepts of Theory of Mind, Positive Behavior Supports, Applied Behavior Analysis and Trauma Informed Schools are utilized. Concrete explanations, effective and simple visuals, multi-media presentation and case examples make this workshop highly engaging and thought provoking.

Emotional regulation and executive function skills are integral life challenges for children who have sensory issues, ADHD, ASD, and executive function disorders. Common characteristics can include difficulty with task initiation, prioritization, completion, and the ability to think in an organized way to manage belongings, schedules and assignments. In this fast-paced seminar, Kathryn Phillips will demonstrate how to recognize and assess the impact on behavior and learning and most importantly, give you a toolbox filled with practical strategies to help your students with executive function difficulties.

This is a practical strategies seminar! During this full day training you will learn dozens of functional, ready-to-use strategies for teaching students how to develop skills for self-regulation.

General education teachers (as well as special education teachers and support staff) will find the information presented invaluable. Strategies presented will allow general education teachers to utilize approaches within their own classroom.

Learner Objectives:

- Identify and describe the role of neurological functioning in emotional regulation difficulties.
- Demonstrate and learn proactive skills to prevent problematic behaviors.
- Learn how to recognize triggers and precursors to meltdowns, blow-ups and shut downs.
- Make sense of the multiple layers of emotional dysregulation and comorbidity with ADHD, executive function, sensory processing and autism.
- Investigate practical strategies and resources as well as lessons for teaching social, and emotional regulation.
- Learn multiple tools and resources for working with students with challenging behaviors.
- Create lessons and action plans for teaching emotional regulation, anxiety reduction, and attention skills.
- Learn strategies during escalated behavior.
- Develop effective strategies to use after a behavioral crisis.

Who Should Attend? Special Education teachers, Speech and Language pathologists, OT’s, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, TAG teachers, PT’s, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities. This conference is open to anyone who wishes to attend. Please contact AEP Connections with questions.

If you require special assistance please contact AEP Connections to inform them of your special needs by emailing: info@aepconnections.com

If you have questions or concerns, please contact: Lisabeth at lisa@aepconnections.com or (920) 224-4794
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March 20, 2017 - Timothy Kowalski, M.A., CCC-SLP.  

Are You In the Zone? Social Communication, Enhancing Social Skills, & Academics for Students with Asperger’s Syndrome, High Functioning Autism, ADHD, PDD-nos & More! 
Ask any educator, having a student with High Functioning Autism/Asperger Syndrome in the classroom can present numerous challenges. This training will teach participants how to reframe their thinking in addressing students with High Functioning Autism/Asperger Syndrome (HFA/AS).  

The first part of this conference will focus on social skills and the importance of social pragmatic communication for the student with autism. Individuals with this diagnosis possess inadequate social skills. Their ability to effectively engage and communicate is hampered by deficits that standardized tools often fail to target and many professionals have struggled to teach. This session will help participants to identify, develop measurable goals, and learn to utilize interventions for those deficits related to social-interaction, social-communication, and social-emotional regulation, thereby allowing for more appropriate service delivery to those affected by High Functioning Autism, Asperger’s PDD-nos, and autism.  

The second part of this conference will focus on autism and academics, and executive functioning. Participants will learn a variety of behavioral supports designed to enhance the student’s ability to initiate work assignments, increase motivation, decrease distraction, compensate for gross and fine motor deficits, adapt the curriculum, modify academics, and increase cognitive processing. By employing these techniques educators will learn how to defuse power struggles in the academic environment and implement procedures that will benefit all.  

Extensive recommendations designed for specialists and classroom teachers to help students succeed in the academic environment will be provided. Participants will take home numerous useful tools and creative ideas to use the very next day!  

Learner Objectives:  
• List social difficulties associated with Asperger’s Syndrome and High Functioning Autism (HFA).  
• Describe how Asperger syndrome and HFA impacts social-emotional regulation.  
• Describe how Mirror Neurons impact behavior.  
• Describe how Theory of Mind, Central Coherence, Executive Function and Emotional Intelligence can impact Asperger Syndrome and HFA intervention.  
• List multiple treatment techniques to improve the social triad of interaction, communication, and emotional regulation.  
• List multiple techniques designed to improve academic success.  

Professional Development Offered:  
1) Graduate Credit Option – 1-3 Credits through Marian University. Cost is $260 per credit. Register for credits at conference. A syllabus is available at www.aepconnections.com.  
2) ASHA CEUs – a program (day) is offered for 5 ASHA ceu’s (Intermediate level, professional area). Full attendance and a completed evaluation required for satisfactory completion of ASHA ceu’s.  
3) Certificate of Attendance – up to 12 clock hours  
4) NBCC – “AEP Connections, LLC is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.” ACEP Number: 6680  
5) ASWB – “AEP Connections, LLC (# 1332) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. AEP Connections, LLC maintains responsibility for the program. ASWB Approval Period: (1/27/15-1/27/16). Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6 continuing education clock hours.” License #1332  
6) AOTA-Approved provider of continuing education by the American Occupational Therapy Association for 6 contact hours (0.6 CEUs) for one day, 12 contact hours (1.2 CEUs) for both days. Intermediate level. Occupational Therapy Process: Assessment, Intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. AOTA provider #9435  
7) IBCCES – International Board of Credentialing and Continuing Education Standards. Provider# CE43465
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Speaker Biographies and Disclosures:

Kathryn Phillips, M.A., is a life-long educator and the founder and president of Total Behavior Management an international consulting company that provides support to educators, specialists, and families of special needs children. She has worked with individuals from preschool through adulthood in administrative, teaching, counseling and diagnostic capacities management in inclusive, academic and non-academic settings.
Kathryn provides practical strategies for those who work with students with ASD, brain injuries, emotional and behavioral challenges, as well as students with executive function difficulties, sensory processing disorder and attention deficit disorder.
Kathryn is also a member of the National School Psychologists Association and the National Speakers Association. Kathryn lives in Bend Oregon and is the proud grandmother of four (perfect) grandchildren. She can be contacted through www.totalbehaviormanagement.com

Disclosure: Financial: Kathryn Phillips, M.A., receives an honorarium for her presentation with AEP Connections, LLC. Kathryn is a paid autism trainer and also receives royalties for the books that she has written. Non-financial: Kathryn Phillips has reported no conflicts of interest, financial, or non-financial relationships regarding this presentation.

Timothy P. Kowalski, M.A., CCC-SLP is internationally known for his work with Asperger Syndrome. His Orlando practice has seen clients from Europe, South America and throughout the USA. He regularly consults to schools on best practices for students identified or suspected of having Asperger syndrome and provides school-wide district in-services. He is a guest lecturer at universities and colleges and is also a consultant for forensic cases involving Asperger syndrome. He is a graduate of Case Western Reserve University (M.A.) in Cleveland and Southern Connecticut State College (B.A.) in New Haven. Tim is the author of six books on Asperger syndrome and is the recipient of the “2010 Clinician of the Year Award” offered by the Florida Association of Speech-Language Pathologists and Audiologists and the 2011 FLASHA nominee for the ASHA Louis M. di Carlo Award for Recent Clinical Achievement. He also holds the “TEAMS 2000 Speech-Language Pathologist of the Year” award for his work with autism in the four-countywide greater Orlando, Florida metropolitan area and has served on the Board of Directors for the Greater Orlando Chapter of the Autism Society of America.

Disclosure: Financial: Tim Kowalski receives an honorarium for his presentation with AEP Connections, LLC. Tim is a paid autism trainer and also receives royalties for the books that he has written. Non-financial: Tim Kowalski has reported no conflicts of interest, financial, or non-financial relationships regarding this presentation.

This is a two-day event. Day one and day two are complimentary to each other and each day is independent of the other. Registration for one day only is accepted.

If you have questions or concerns, please email: info@aepconnections.com or call (920) 224-4794

Conference Location:
Double Tree -Midlothian
1021 Koger Center Blvd.
Richmond, Virginia 23235
(804) 379-0973

Daily Schedule:

Kathryn Phillips- Day One
7:00 – 8:00 AM - Registration
8:00 – 9:30 AM – Behavior challenges; five key points; prevention, proactivity, and comorbidty
9:30 – 9:45 AM - Break
9:45 – 11:30 AM – Teaching the replacement behaviors; tips, tools and practical strategies
11:30 – 12:30 PM - Lunch-on your own
12:30 – 2:00 PM – Specific strategies for anxiety, impulsivity and anger
2:00 – 2:15 PM - Break
2:15 – 3:30 PM – Dealing effectively with meltdowns, blowups and after care

Tim Kowalski- Day Two
9:30 – 9:45 AM - Social Difficulties Associated with Asperger Syndrome
9:45 – 11:30 AM – Mirror Neurons/Theory of Mind/Central Coherence/Executive Function and Emotional Intelligence
11:30 – 12:30 PM - Lunch-on your own
12:30 – 2:00 PM – Treatment Techniques for Social Difficulties
2:00 – 2:15 PM - Break
2:15 – 3:30 PM – Academic Concerns and Intervention Techniques
REGISTRATION FORM - Virginia 2018

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Online Registration is available for credit card transactions at www.aepconnections.com
Check or Purchase Orders, please fill out information below and send via mail, email, or fax. 
Purchase Orders must accompany registrations.

Name: ____________________________ School District: ____________________________
Address: ____________________________ City: ____________________________
State: _____ Zip Code: ______ Phone (cell): ____________________________
Email: ____________________________

*Confirmations and communications will be sent by email. Please print email clearly.

*Assessing Behavior in Children: A Workbook for Solving Challenging Behaviors in Early Childhood Settings (Kathryn Phillips, M.A.) - $9.00
*Simple and Practical Applied Behavior Analysis for Classroom Teachers k-12 (Kathryn Phillips, M.A.) - $12.00
*Increasing Positive Learning Outcomes for Your Students with ADHD (Kathryn Phillips, M.A.) - $12.00
*Teaching Executive Function Skills (Kathryn Phillips, M.A.) - $12.00
*Practical Solutions for Challenging Students K-12 (Kathryn Phillips, M.A.) - $12.00
*Increasing Positive Learning Outcomes for Your Students with ADHD (Kathryn Phillips, M.A.) - $12.00
*Are You In the Zone? (Tim Kowalski M.A., CCC-SLP) - $10.00
*Me, Myself, and You Workbook (Tim Kowalski M.A., CCC-SLP) – $15.00
*Understanding Emotions (Tim Kowalski M.A., CCC-SLP) - $15.00
*Social Pragmatic Success for Asperger Syndrome and Other Related Disorders (Tim Kowalski, M.A., CCC-SLP) - $40.00

Registration Cost:

Early Bird (Until Feb. 2, 2018): 1 Day Conference $145 2 Day Conference $195
Regular Pricing (After Feb. 2, 2018): 1 Day Conference $165 2 Day Conference $225

Registration:

One Day Registration: Circle Choice $________
Monday 3/19/18 OR Tuesday 3/20/18

OR

Two Day Registration: (March 19 & 20, 2018) $________

PLUS Preordered Books $________

TOTAL PAID $________

AEP Connections, LLC
3524 N. Winternset Dr.,
Appleton WI 54911
Phone: (920) 224-4794 Fax: (920) 482-1270
www.aepconnections.com
info@aepconnections.com

CANCELLATION POLICY: More than 30 days before the first day of the conference: Full Refund, less a $25 processing fee. Less than 30 days, but more than 7 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 7 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. Our refund policy applies to all registration payments including those by purchase order.